



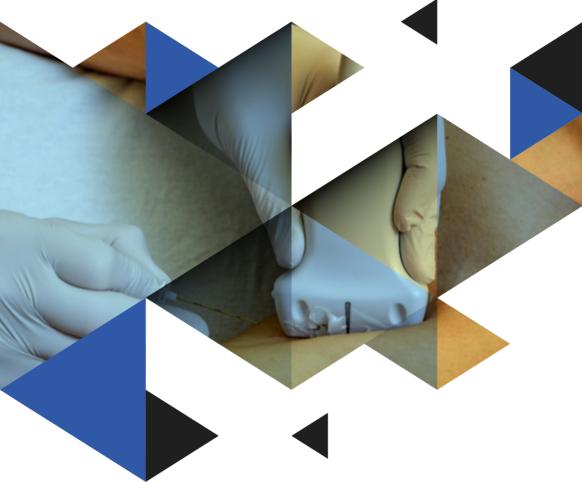
Nous pour vous!



UNIVERSITÉ DE FRIBOURG







# ULTRASOUND GUIDED SELECTIVE MOTOR NERVE BLOCKS COURSE

Hands on Training on Cadaver

3 - 4 JULY 2020



University of Fribourg
SWITZERLAND

## ULTRASOUND GUIDED SELECTIVE MOTOR NERVE BLOCKS COURSE

Hands on Training on Cadaver

## TECHNIQUE OF SELECTIVE MOTOR NERVE BLOCK UNDER ULTRASOUND GUIDANCE (UPPER LIMB AND LOWER LIMB) IN THE MANAGEMENT OF SPASTICITY - DYSTONIA

70% time is dedicated to the hands on training on Thiel preparations Ratio: 1 instructor + 1 full body+ 1 us machine for 4 participants Free Toxin Academy Application: Atlas of nerves and muscles

#### **Objectives:**

Review of the anatomy of peripheral nerves.

Technique for locating motor nerves by ultrasound.

Indications and limits of the nerve blocks.

Patient evaluation after the blocks and decision-making for the treatment of spasticity-dystonia.

Course Director: Dr. Serdar Kocer

Available for: PRM doctors, Neurologist, other specialist involved in the

treatment of spasticity.

Location: Anatomy Laboratory, University of Fribourg.

Registration: syildiz@opteamist.com

For Information : echorehab@gmail.com or Whatsapp: +33 6 32 35 25 77

#### **Program J1 : Friday Morning** (08:00 - 12:00)

- Peripheral nerve anatomy
- · Interest of selective motor nerve blocks in the evaluation of spasticity and dystonia
- Technique for locating the motor nerve by electrostimulation
- Technique for locating the motor nerve by ultrasound. Optimal settings of US machine for nerve identification
- Advantages and limitations of these two techniques
- The products used and the doses
- Precautions to be taken, patient information
- Evaluation before and after the block
- The role of the block in therapeutic decision-making.

## ULTRASOUND GUIDED SELECTIVE MOTOR NERVE BLOCKS COURSE

### Hands on Training on Cadaver

#### Program J1: Friday Afternoon: Hands on Training on Cadaver (13:00 - 18:00)

#### **Uppper Limb**

- Musculo cutaneous nerve block and Elbow flexors assessment
- Proximal and distal block of median nerve and wrist, fingers flexors, fore arm pronators assessment. The role of Intrinsic and extrinsic muscles in the abnormal pattern.
- Radial Nerve block and wrist fingers extensors assessment
- Proximal and distal Ulnar Nerve block

#### Program J2: Saturday: Hands on Training on Cadaver (08:00 - 14:00)

#### Lower Limb

- The anesthetic block of the obturator nerve and its branches. Assessment of hip adductors and medial rotators. Treatment of spasticity with alcohol or phenol injections
- Femoral nerve and its branches (Rectus femoris and Vastus intermedius).
   Assessment of stiff knee gait pattern
- Sciatic nerve block
- The anesthetic block of the tibial nerve and its branches (Soleus , Gastrocnemius, Tibialis posterieor) . Assessment of equinus and equinovarus gait pattern . The block of the distal tibial nerve . Assessment of toe- great toe flexors
- The block of fibular nerve and its branches. Assessment of valgus foot pattern

#### Peripheral Nerve Blocks in Pain Management

Supra scapular Nerve Block: Anatomy and injection technique.

Indications (Hemiplegic shoulder pain and other indications )

Lateral Femoral Cutaneous Nerve Block: Anatomy and injection technique. Indications.

#### **Evaluation and Conclusion**

### ULTRASOUND GUIDED TOXIN INJECTIONS HANDS ON CADAVERIC COURSE

April 3-4, 2020 May 1-2, 2020 September 11-12, 2020 December 4-5, 2020



#### **TOXIN ACADEMY MASTERCLASS**

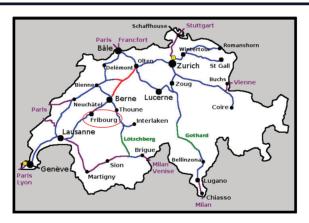
June 25-27, 2020 Fribourg, Switzerland



### INTERVENTIONAL MUSCULOSKELETAL ULTRASOUND CADAVER

August 27-29, 2020 Fribourg, Switzerland







isnerem@opteamist.com

